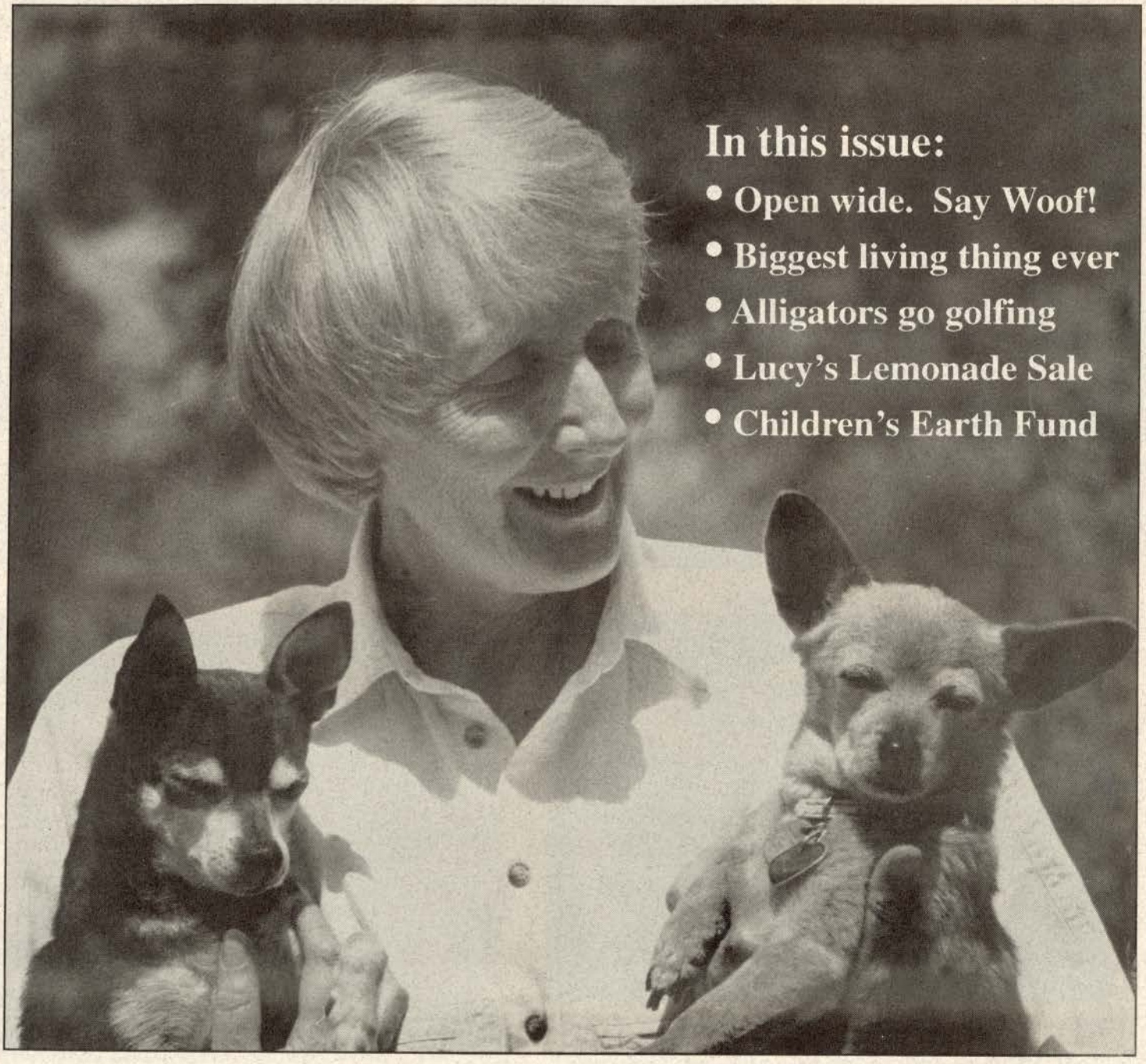
Best Friends

July 1992 $2.00

All the good news about animals wildlife and the earth



In this issue:

- Open wide. Say Woof!
- Biggest living thing ever
- Alligators go golfing
- Lucy's Lemonade Sale
- Children's Earth Fund

Hi, Ma!

Having a wonderful time, wish you were here.

From all of us at Best Friends Animal Sanctuary

Best Friends
MAGAZINE

Editor: Michael Mountain

News Editors: Claire Ives, Nathania Gartman

Design & Production: Steven Hirano, Matthias Fripp

Photography: Dana Gartenlaub

Contributing Artist: George Kehew

Distribution: Anne Mejia

Advertising: Jana de Peyer, Nathania Gartman, Richard Negus

The Best Friends Foundation

Best Friends Magazine is published by Best Friends Animal Sanctuary - one of the largest no-kill animal shelters in the U.S. The sanctuary is located at Angel Canyon Ranch in the majestic red-rock country of Southern Utah.

Best Friends also sponsors a national network of animal lovers who participate in animal-rescue work, foster care, spay/neuter work and humane education.

The sanctuary is supported in part by subscriptions to this magazine, and also from membership donations, direct contributions and the sale of Best Friends products.

Membership

Basic Membership in Best Friends costs $45 per year, or $5 a month.

Our Adopt-a-Pet partners send $15 a month ($180 a year) to sponsor one of the 1500 dogs, cats and other animals who live at the main sanctuary.

Business Members assist in the work of Best Friends through financial or product donations and services.

Best Friends Animal Sanctuary
P.O. Box G, Kanab, Utah 84741
(801) 644-2001

BEST FRIENDS MAGAZINE is published monthly for $20 per year by Best Friends Animal Sanctuary. Third-class postage paid at Kanab, Utah.

© 1992, Best Friends Animal Sanctuary. All rights reserved.

For subscription inquiries, call 801-644-2001.

Inside this Issue

Editorial: F.B.I. Seizes Tyrannosaurus ..... **Page 2**

People Helping Animals: Pet-therapy brings animals and people together in real mutual support. ..... **Page 3**

Changing Attitudes: "Northern Exposure" boycotts fur-lined boots. ..... **Page 5**

Books: Good summer reading - "Extremely Weird Primates" and "How the Animals Do It." ..... **Page 7**

Letters: Dear Best Friends, I had a lemonade sale for the animals. ..... **Page 8**

Animals and Celebrities: Ivana Trumps the Ace. ..... **Page 9**

From Best Friends: No-Kill Animal Shelters - the wave of the future. ..... **Page 10**

Wildlife and the Earth: Red wolves are being helped to make a comeback. **Page 12**

Wildlife at Best Friends: The Great Horned Owl - all the better to see you with! ..... **Page 14**

Veggie Health: Easy organic gardening. ..... **Page 17**

On the Light Side: The Dog-tor says "Let me kiss it better." ..... **Page 18**

From the Editor

F.B.I. Seizes Tyrannosaur

"F.B.I. Seizes Tyrannosaur." So says the top of the headline as I open my copy of the New York Times here in the peaceful world of Best Friends Animal Sanctuary.

Good grief. What have those wicked tyrannosaurs been up to now? Mugging one of those nice brontosaurs, I'll bet. I take another sip of coffee and look out of the window, down the creek, bubbling along through the lush green meadows on its way to the Grand Canyon. Over the other side of the creek you can see a thick layer of red rock canyon wall which was part of a tropical swampland just a hundred million years ago. That's where the tyrannosaurs and brontosaurs roamed way back then. But who would have believed that the F.B.I. had caught up with them and was now arresting them?

In the background, the CNN newsreporter is announcing a new breakthrough in the old Iran-Contra cover-up case. That's it! They must have used a Tyrannosaurus Rex to deliver secret missiles. Or maybe the Defense Department is really the Dinosaur Department. Who needs a billion dollar Stealth Bomber when you can fly a hungry Pterodactyl?

A Red-tail hawk rides a column of air high above the creek, and lets out a delightful screech to her mate. They're out early, no doubt on a breakfast expedition for the newly hatched chicks. Hawks - indeed all birds - are thought to have descended from the dinosaurs millions of years ago. Maybe my friend the Red-tail is really a tyrannosaur in disguise. Maybe the tyrannosaurs are planning to stage a massive raid on the old cave where we store all the dog and cat food. Better call the F.B.I.

Ha! Maybe that's the F.B.I. right now in that jeep I can see driving up the creek. Mind you, if they're going to take on the Tyrannosaurs, one of the largest dinos ever - over 50 feet long - maybe they should send in the National Guard.

That'll be the headline tomorrow: "Heroic editor fights off terrorist tyrannosaurs."

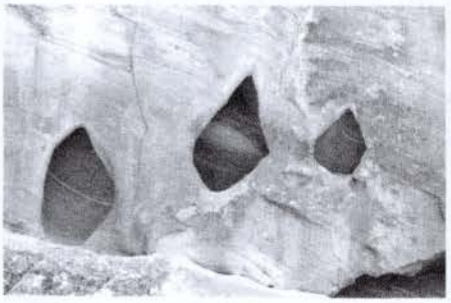
Another sip of coffee. I look down at the newspaper again. The second line reveals that the tyrannosaur in question is the largest fossil ever found, and there's a legal battle as to who owns it. Oh well.

The phone rings. Must be someone from the front office wanting to know how much it costs to spay or neuter a sabre-tooth tiger.

Do Something Cuddly Today!

Visit Angel Canyon

Home of Best Friends Animal Sanctuary



Peace • Tranquility • Serenity

- Tours of Best Friends
- Jeep Tours
- Native American Ruins
- Sacred Place Experience
- Earth Walk

To book a tour, call
801-644-2001
or write
Angel Canyon Tours
P.O. Box G
Kanab, Utah 84741

EXPLORE THE MYSTERIES OF KANAB CREEK

People Helping Animals

The Delta Society had its beginnings in pet therapy work. Now it works with health professionals, educators, animal organizations and the general public, to educate people on how animals benefit our physical health. It operates a national information center and library on human-animal interactions, and runs the Hearing Dog Resource Center.

Their Pet-Partners program trains people to visit hospitals and nursing homes with pets.

Butterfly World, near Vallejo, California, is a 6,000 square foot greenhouse which is home to 600 butterflies, amid tropical foliage, pools and a waterfall. It's part of Marine World Africa USA.

The **Cecil B. Day Butterfly Center**, near Pine Mountain, Georgia, is even bigger. It has 1,000 butterflies in a 7,000 square foot conservatory.

Earthshare, a United Way type cooperative, raised over $6 million last year for 27 environmental groups.

Argus Archives, named after a mythological creature with 100 eyes, 50 of which were always on the watch, was founded by Dr. Dallas Pratt to provide information to animal organizations . The files of the institute include subjects such as attitudes towards animals, humane education, use of animals in experimentation, service and companion animals and many other topics. Files are maintained on over 500 organizations so that anyone interested in humane issues can find the needed facts.

Annette Lantos and husband Rep. Tom Lantos founded the **Congressional Friends of Animals Caucus** to educate congressmen about animal issues. Ms. Lantos organizes Tendercare parties to acquaint people with cruelty free products.

The **Greenway Movement** is real grass-roots environmentalism, where ordinary citizens get together to rescue a piece of land, a riverfront, a canal, whatever. Sometimes they buy the land and maintain it themselves. Or they lobby the city. The Greenway movement began in the sixties, but it's really just taking off now. One Greenway organization, the Rails-to-Trails Conservancy, has converted 5000 miles of old railroad lines to greenways.

EarthPlan plants trees and helps schools raise money by having the children sell tree certificates. Trees are then planted either in the owner's backyard or in their name in the Lacandon Rain Forest in Mexico. EarthPlan's goal is to aid reforestation in this largest North American rainforest.

Bide-a-Wee Homes, in New York cares for about 1400 animals, mostly cats. None are put to sleep. George Wirt, one of the directors tells us that although they've been taking in more pets, due to the recession, their adoption rate is also up, since people can't afford purebred pets from pet shops.

One of George's favorite stories: a girl came in with a stray dog while a TV crew was visiting the shelter. The crew filmed the girl in tears, and the dog's family saw the news show that evening. The TV crew returned the next day to film the tearful reunion of pet and family.

(You can read more about Bide-a-Wee on Page 10)

First ever in Poland: an anti-fur rally. The **Community of all Beings** mounted the event.

PETA (People for the Ethical Treatment of Animals) is very respectable most of the time. But they pull the occasional stunt for the TV cameras. At a meeting of the Maryland Board of Regents, attended by chicken magnate Frank Perdue, a PETA staffer got him fair and square in the face with a pie!

United Animal Nations is the united voice of the American Humane Movement. Last year they helped finance an educational program for Action for Animals, individuals who help cats, veterinary help for the Nigerian Vegetarian Society, the gulf oil cleanup of the World Society for the Prevention of Cruelty to Animals, and they bought hay to feed orphaned horses.

International Primate Protection League, in Summerville S.C., looks after the needs of the world's primates. Field representatives in Bangladesh, France, Yugoslavia, Mexico, Netherlands, Zimbabwe and other countries monitor world traffic in exotic species, the fate of animals in zoos, and other forms of exploitation. Shirley McGreal of IPPL recently received a U.N. Environmental Global 500 award for her work.

Faxed out. A small group of staff people at the National Institutes of Health told PETA in Washington DC about an experiment that they reckoned was abusing animals. PETA faxed the NIH at once, and director Bernadine Healy was required to order an immediate investigation. The experiment was suspended for six weeks. NIH and other "medical" bodies now realize that they may be called to immediate accountability.

"New York's Finest" love pets too! Police precinct buildings in New York often double as homes for stray dogs which the patrolmen pick up. The animals are cared for round the clock by the different shifts.

The **Doney Memorial Pet Clinic** in Seattle has given free veterinary care to animals of the homeless since 1988.

The **Horse Welfare Committee** flew veterinarian Mitch Benson to Croatia to treat horses injured in the Yugoslav civil war.

Children who help animals and the earth

Fifteen children's environmental groups came together last year to form the **Children's Earth Fund**. Their members average 11 to 12 years old. Their goal this year: lowering carbon dioxide emissions. They've got 100,000 signed pledges from families promising to drive their cars less and lower their thermostats. And they went before a Senate committee to get pledges from sympathetic Senators.

Andrew Bennett, age 13, of French Lick, Indiana, entered his first oratory contest and chose to talk about animal rights. His talk, entitled "If Only Animals Could Talk" won first place.

The **Grapevine High School** in Dallas, Texas, raised $35,000 for a new wildlife and chimpanzee sanctuary in Burundi, Africa, which is being pioneered by Dr. Jane Goodall, the world's chief chimp spokesperson.

The **Animal Legal Defense Fund** helps students who don't want to dissect animals in the classroom. Their **Dissection Hotline** began in 1989 and has worked with thousands of students. Calls were up 22% in 1991. The number is 1-800-922-FROG!

Spaying and Neutering

Just for the record. Spayed and neutered pets live on average two to three years longer than unfixed ones.

And neutered male dogs make for an easier relationship with you. Dogs who aren't fixed carry a now irrelevant genetic need to keep challenging you for dominance. So they're more difficult to train and generally to live with.

If you need financial help to spay or neuter your pet, try calling **Friends of Animals** at **1-800-321-PETS**. They work through a network of over a thousand veterinarians in 47 states and can send you a special low-cost certificate.

The Animal Foundation of Las Vegas has spayed or neutered 25,000 animals since its opening in 1989.

William Bennett of Circus Circus Casino funded the start-up costs, and the Animal Foundation's one staff veterinarian averages 60 spay/neuter surgeries per day.

We can vouch for that at Best Friends Animal Sanctuary. Doctor Reilly visited Best Friends Animal Hospital and did 51 dogs and cats in a day!

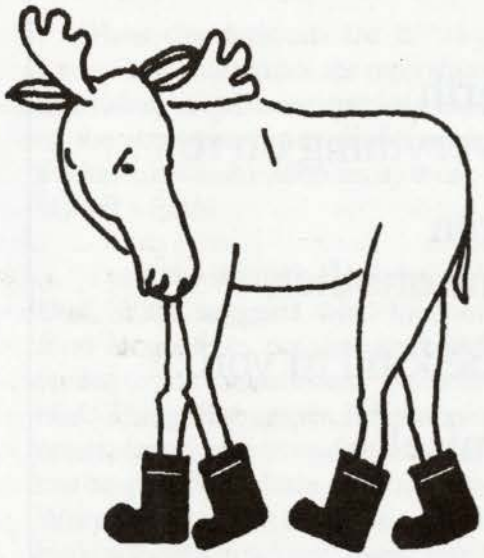
Looking to the future. The USDA has awarded an $80,000 grant to Rutgers University for work done by Dr. Jay Kirkpatrick to develop immunological contraception in deer where the female deer is immunized against sperm.

(HSUS News Spring 1992)

"Centuries ago man painfully parted with his view of an earth-centered universe. Today's transition from a human-centered to an environmentally centered view of the world will be no less difficult. This change may cause the formation of completely new governmental and international structures."

Yusup Kamalov
wind engineer and founder of the Union to Defend the Aral Sea

Changing Attitudes



Animals and the Media

Janine Turner, one of the stars of the TV show "**Northern Exposure**", led the cast in a boycott of dog-fur-lined boots which were to be worn on the show. Technica International has now stopped importing these boots from China.

The other Murphy Brown story. You doubtless know about Vice President Dan Quayle's beef with Murphy Brown. But the Animal Industry Foundation, an organization which lobbies for animal exploitation, also took off after her for drinking from a mug with PETA on it. (PETA is "People for the Ethical Treatment of Animals".)

New Laws Protecting Animals

The Toronto City Council voted to ban all exotic animal acts.

Tennessee voted to increase the fine for cruelty to animals from $500 and six months in jail to $2000 and a year in jail.

California passed a bill to outlaw the infamous Draize animal tests for cosmetics and household products.

Rats, mice and birds are animals, agrees the **US Department of Agriculture**! That means they must be treated humanely in laboratory experiments. This arises from a suit brought by the Animal Legal Defense Fund.

California now has a law banning alligator farming.

Anti-hunting Conservatives in the **British Parliament** are threatening to switch to Labor unless the Conservative Party votes to ban fox-hunting.

Vermont House speaker Ralph Wright pledged to prevent a moose-hunting bill from reaching the floor. "Shooting moose," he said, "is like shooting a parked car."

New Religious Values

Veal no longer kosher, says rabbi. Jewish law forbids the eating of foods which are not kosher, like pork and shellfish and animals which have not been killed according to old biblical tradition. Kosher laws have come under attack in recent years from animal rights groups who say that "kosher killing" practices are barbaric.

But now Rabbi Merle Singer has upped the ante. From his pulpit at Temple Beth El in Boca Raton, Florida, Rabbi Singer says that veal can no longer be considered a kosher food for Jews to eat. Because of the inhumane way veal calves are raised, it violates the Torah, he says, to eat it.

Rev. Carla Berkedal has begun a new **Earth Ministry** affiliated with the Episcopal Diocese of Olympia, WA.

The National Council of Catholic Women has initiated a program called **The Earth: In our Hands** that links partners like the Forest Service, National Catholic Rural Life Conference, Diocese of Baton Rouge, and the North American Conference on Christianity and Ecology to give people a chance to work with public and private agencies on natural resources issues.

Sojourners magazine reports that congregations around the country are combining efforts through the **Green Congregational Network** to preserve the environment. St. John's United Church of Christ in Phoenixville, PA, established a one acre community garden, a Methodist church in Florida gave itself an environmental makeover. If you know of a church or congregation in your area that is working for animals or the environment, please let us know.

The **Green Congregations Hotline** is part of a program at the Cathedral of St. John the Divine in New York. 1-800-435-9466

Paul Gorman, former speechwriter for Sen. Eugene McCarthy, has founded a religious and environmental group called **Joint Appeal by Religion and Science for the Environment**. The group brings together scientists from all different religions to relate to what Gorman calls "an

inescapably religious challenge''.

Light unto the nations. Temple Emannuel in Lowell, Mass, has replaced their Eternal Flame with a solar-powered Eternal Light.

The Fourth Universalist Society in new York holds special **Animal Rights services** for people and their pets.

The **North American Conference on Christianity and Ecology** of Saint Paul, Minnesota works with local congregations to establish environmental awareness on the church level of local cities. Many of the projects established involve church gardens, ministries for the environment, classes for children and other fresh and innovative programs.

''I want to call attention to the fact that homeless people love their animals, too and that shelters for the homeless should include kennels in their programs,'' said Joan Beth Clair, of **Ministries for Animals** at a ''Blessing of the Animals'' at Trinity Methodist Church in Berkeley last Fall. Rev. Clair has been active in promoting the sacred union between man and animal. Her services are non-sectarian and often include a Sioux chant, a Hebrew prayer, writings from Christian mystics or a Buddhist saying.

The **Berkeley Free Clinic** treats animals as well as people. Also in Berkeley, the Emergency Food Project provides food not only to the homeless, but also their pets. And Tom Flower, an Eastern Orthodox priest and head of Loaves and Fishes, a homeless shelter in San Francisco which also feeds animals says, ''Pets are very important to the homeless. Animals offer security and companionship for these people, who are basically loners.''

Be kind to animals,

Be kind to trees,

Be kind to the earth
and everything on it,

Be kind to children
and one another,

... and God will be kind to you.

And that's a promise!

Signed,

A Sioux prayer for the Earth

Grandfather Great Spirit
All over the world the faces of living ones are alike.
With tenderness they have come up out of the ground.

Look upon your children that they may face the winds
and walk the good road to the Day of Quiet.

Grandfather Great Spirit
Fill us with the Light.
Give us the strength to understand,
and the eyes to see.
Teach us to walk the soft Earth
as brothers and sisters of all that lives.

. Books for a Summer Afternoon . . .

"How the Animals Do It", by Larry Feign, describes the reproduction habits of different species. One of the strangest forms described is the starfish which multiplies by breaking off a limb.

"Feed the Birds", by Helen and Dick Witty suggests what kind of food is good to put in your bird feeder to attract particular types of bird. Things like grapes, leftover pie crusts, bread and over-ripe bananas can be good for certain species. The Wittys also say that it's good to feed birds not only in winter, but in summer too. Mother birds then have plenty for their kiddies to eat, and you'll be able to watch the young ones growing up.

"Landscaping with Wildflowers" by flower expert Jim Wilson, says you can be really quite lazy about gardening if you use wild flowers. The less you do to them, the better they'll do themselves. They're very hardy and are a good food source for birds and butterflies. They don't need special watering and fertilizing. As the Bible says: "Consider the lilies of the field....."

"Extremely Weird Primates", by John Muir Publications talks about the slow loris, the tarsier, the pygmy marmoset, the white uakari and the Douc Langur, among many other weird and wonderful primates. A great book for children. Write to John Muir Publications, PO Box 613, Santa Fe, NM 87504.

"Brother Eagle, Sister Sky: A message from Chief Seattle", from Dial Books 1991, is an adaptation of the famous words of Chief Seattle. Though designed for children, it is a book for the whole family. As Chief Seattle said: "This we know: The earth does not belong to us. We belong to the earth."

(It should be noted that recent evidence has surfaced that Chief Seattle may in fact have never said any of these words ascribed to him. We here don't really mind either way. It's a bit like arguing over whether Moses really wrote the Ten Commandments. The sentiments are timeless and universal, and they're worth reading.)

"Kids Who Love Animals: A Guide to Sharing the Planet" by Linda Koebner, Living Planet Press for the ASPCA. Written for children who want to help, it's filled with riddles, games, fun facts and activities. There are easy-to-read profiles of animal activists, and things to do like making origami birds, taking a pet census of friends and neighbors, and making homemade cruelty-free cleaning products.

"The Eye of the Child" by Ruth Mueller, New Society Publishers. This is an ecological fantasy featuring a young girl who learns to speak "bird" and so begins a new relationship to the natural world.

"Bandit: Dossier of a Dangerous Dog", by Vicki Hearne, a dog trainer who lives and works at the Silver Trails Animal Inn in Westbrook, Connecticut. Bandit, a pit bull who had been owned by an elderly man, is the focus of this book which tells how she trained Bandit and thereby prevented his death. This wonderful story of woman and dog is in the April issue of the Smithsonian.

. . . And Speaking of a Summer Afternoon

Good Housekeeping's **Greenwatch** has advice for you if you're going to the national parks this summer:

1. Go to a less famous park where it will be less crowded, or into the back country of a well-known one. (95% of park visitors never move more than a few yards from their cars!)

2. If you're camping, use "low-impact" items, like a lightweight tent, sleeping bags and a small gas-fueled stove. Pitch the tent and wash your dishes at least 100 yards from any stream to avoid pollution. Some careful people even strain their dirty dish water through a cloth to catch food particles, and then burn them or take them away.

3. Leave the park exactly as you found it. No picking plants, collecting rock samples or roaring around on a motorcycle or ATV. No off-road driving. Go on foot.

4. "Don't come into your parks as a passive consumer, but as a vigilant owner and steward," says the National Parks and Conservation Association.

P.S. If you want a real treat, come on a tour of Angel Canyon, home of Best Friends Animal Sanctuary, in the spectacular red-rock country of Southern Utah. It will fit in perfectly if you're going to the Grand Canyon, Zion Park and the other wonders of the Southwest.

Dear Best Friends, I had a lemonade sale to make money to send you. I love animals. I want to save them. I am 6.

LUCY FISCHER
San Anselmo, CA

Congratulations, Lucy. That's our Star Letter of the Month!

It is a pleasure to support interests of our employees by matching their donation, as well as further the interests of our communities.

PAMELA ROBERTS
Miller's Outpost

If your business has a matching gift program, please let us know, and inquire also about Business Memberships in Best Friends.

I met [you] in Phoenix and would like to know more about humane education for my students. L.K.
Tempe, AZ

I've read about your organization and find its approach to animal care refreshingly positive. I would like to pass on the word to my fellow PTA members and hopefully get our children involved in the Adopt-a-Pet program.

M.L.
Beverly Hills, CA

For information on humane education, please write to our Humane Education Director, who will send information and resource ideas for your classroom. And we'd love to have more classes of children join the Adopt-a-Pet Program. At one school the children hold bake sales to raise the monthly $15 to sponsor Ginger, their Chesapeake Bay Retriever.

"Terrific magazine! Easy to read graphically as well as content-wise. A great idea to make it all good news. Congratulations!"

PAUL GLEASON
"Our Animals" magazine
San Francisco SPCA

"Thank you for mentioning Farm Sanctuary in your May issue. Please note, however, we are in no way associated with FARM (Farm Animal Reform Movement) nor its "Meat Out" Campaign. We are impressed with Best Friends. America's Sanctuary for Farm Animals hopes you will address the issues of factory farming and veganism in upcoming publications."

JOSHUA GOLDMAN
Outreach Coordinator
Farm Animal Sanctuary
PO Box 150
Watkins Glen, NY 14891

I haven't read anything about pugs in your magazine. This is discrimination! The Duke and Duchess of Windsor had pugs. A pug photo just sold for $750 at an AIDS benefit here in New York. And the editor of Self Magazine just invited eight pugs and their people to dinner. I wasn't invited. C.I.
New York

A staggering omission! You and your pug are formally invited to dinner at Best Friends anytime.

I very much appreciated seeing Best Friends Magazine. . . . May I point out that Rachel Carson has been dead for some time? She could not have attended the World Women's Congress for a Healthy Planet. If, however, you know where I could obtain information on Wangaari Maathai of Kenya's Greenbelt Movement, I would be much obliged. I am particularly interested in women who have made a difference for the environment.

WILLOW ANN SOLTOW, Editor
KIND Newsletter, HSUS
67 Salem Road
East Haddam, CT 06423

The mention of Rachel Carson should have read: "The participants cheered at the constantly invoked name of Rachel Carson, founder of the environmental movement." Thanks to you and others for pointing out the error. And for more information on Wangaari Maathai or anything to do with the World Women's Congress for a Healthy Planet, please write Women USA Fund, Inc., 845 Third Ave. 15th Floor, New York, NY 10022.

ADOPT-A-PET LETTERS

I recently joined your Adopt-a-Pet program and was very excited to receive a picture of "Lucky Puppy"! I already have his picture up on my refrigerator! Because of my personal situation I am unable to have a dog right now, so your program is a wonderful way for me to have a dog to care about again. V.A.
Sausalito, CA.

Please tell Rocky the cat he is a handsome man. My cats thought that was special. If you will, tell him I send scratches behind his ears, on his forehead and under his chin. If you can, since I can't, you might even show him what I mean.

MARSHA MOORE
Santa Fe, NM

We did. He loved it!

The matching gift (from my company) should be arriving soon... I'd like for Chex (my own Adopt-a-Pet) to take the responsibility of choosing any Adopt-a-Pet at Best Friends to join our family. I'm sure he'll choose well.

JUNE SUPPINGER
US West
Salt Lake City, UT

He chose his best friend, Hannah, a Golden Retriever. Thanks to you and your company for the matching gift.

Animals and Celebrities

Ivana Trump, ex-wife of The Donald, was recently pictured in the popular New York Daily News with an armful of puppies at the North Shore Animal League

Kim Basinger passed a homeless man on the street with his dog. When she got home, she says, she just felt that the dog was in trouble and that she should go back. She and a friend went back out, and then spent the entire weekend looking for the man and his dog. Finally they found him - his name is Mango - outside a record store. Sure enough, he confirmed that he couldn't take care of the dog any more, and asked Kim Basinger to take her. After a good health check, Kim flew the dog with her to Los Angeles, and found her a very nice new home.

Artist **Kenny Scharf** raised $150,000 at a "Don't Bungle the Jungle" blow-out party in New York. The money goes to **Companions of Art and Nature**, a foundation that works with native Amazon people. Some of the glitterati present: John F. Kennedy Jr, rock star Deborah Harry, super-model Elle Macpherson, Calvin Klein and Diane von Furstenberg. Feature of the evening was a fashion show, with the Amazon forest as the motif.

Cassandra Peterson, a.k.a. **Elvira**, says in Earth News (May 1992) that after reading John Robbins' book Diet for a New America, she could not even think about eating meat. She and her husband grow nearly everything they eat. While she donates much of her free time to the animal rights group PETA,she does not forget environmental programs. Animal rights and environmentalism are one and the same, she says. "You cannot love animals and not care about the earth that they and all living organisms depend on."

Brigitte Bardot is among 73 recipients of the U.N. Environmental Global 500 Award.

"The more we feel, the more intolerable the situation on earth becomes. The less we feel, the more we put up with what's going on. When we stop letting our minds run the earth and start thinking with our hearts, pollution becomes less and less tolerable. Only then can action really take place."

Kenny Loggins, musician, Earth News, March/April 1992

Jerry Cesak, one of San Diego's top morning DJ's is also a writer, performer and producer of **Bless the Beasts** - a multi media production aimed at illustrating animal exploitation. People write in to say that they have stopped eating meat or that they are buying cruelty free products.

Some celebrities who support the Humane Society's **Beautiful Choice** campaign for non-animal-tested cosmetics: **Ana-Alicia, Lily Tomlin, Whoopi Goldberg, Ali MacGraw, Woody Harrelson, Loretta Swit** and **Chad Everett.**

Sandra Reinhardt, of TV's "Another World", and other soap celebs organized an auction of soap memorabilia to benefit the Popcorn Zoo in New Jersey. The zoo rescues farm animals, wildlife and animals once used in labs.

The **Cirque du Soleil**, a circus which does not use performing animals is moving its headquarters from Montreal to the Mirage Hotel in Las Vegas.

Good ecology is good business, says billionaire Swiss businessman and environmentalist, **Stephan Schmidheiny**. He organized a group of influential business leaders, including top American executives, for the Earth Summit in Rio de Janeiro.

Schmidheiny travels the globe, talking to heads of state and business leaders about what he calls a "mission of common sense".

From Best Friends

No-Kill Animal Shelters: the wave of the future?

When Mrs. Flora D'Auby Jenkins Kibbe was visiting Paris from New York at the turn of the century, she met the Baroness d'Herpents who had recently opened a new kind of animal sanctuary at Gennevilliers, just outside the capital.

Madame la Baronne would dispatch her workers into the city at any time of day or night to pick up stray and unwanted pet animals. She would bring them back to Gennevilliers, and then set about finding a nice new home for them.

Mrs. Kibbe was pretty impressed, and when she got back to New York she decided to found a similar sanctuary in New York, which she opened in 1903 in an elegant residential neighborhood - to the consternation of some of her socially prominent neighbors! That was the start of New York's **Bide-a-Wee Homes**. "Bide a wee" is how the Scots say "stay a while", and that was the philosophy - stay a while, then find a nice new home.

90 years later, **Bide-a-Wee** cares for about 1400 animals at any one time, and never puts a healthy animal to sleep.

Emily Jo Beard had a similar concept in mind when she began **Living Free** in the San Jacinto Mountains north of San Diego in California. This 160 acre sanctuary cares for, on average, 75 dogs and 125 cats at any one time. Ms Beard died recently, but left the sanctuary well-endowed for its future. "We have an obligation," she had written, "to better the lives of the animals with whom we share the earth."

But what about the old brown mutt?

The high sentiments of no-kill shelters sometimes bother people who have to do the dirty work at your average humane society or dog pound, where stray animals can come in by the hundred and where the animal-loving staff then have the soul-destroying task of having to "euthanize" them.

It's all very well, they say, for a no-kill shelter to promote itself and raise funds on the basis of "no euthanizing". But many no-kill shelters will only take in animals they are confident of being able to place in new homes. That means accepting the cute puppies, and leaving the older or sicker brown mutts to be, at best, taken in by the humane society.

Best Friends Animal Sanctuary is a no-kill shelter too. At any given time there are about 1600 dogs and cats, horses, rabbits and others at the sanctuary. And yes, says director Faith Maloney, we have to turn animals down sometimes, and this is very painful.

"It's not that a no-kill shelter is better than another kind. It's just a particular thing we're setting out to do here," she says. "There are no panaceas. No magic wands. Everybody in the animal care and rescue field is doing the best they can, whichever way they can. Some of the most heroic and courageous animal lovers I've met are the ones whose job is putting animals to sleep."

But rather than mostly taking in the cutest puppies who have good chances of finding new homes, Best Friends Animal Sanctuary caters more to animals who have no chance whatever of finding a new home. Three-legged dogs romp around the big dog runs; one-eyed cats peek out from their favorite nook. The majority of animals here have a history of abuse or neglect.

And Best Friends specializes in elderly animals, many of whom live in the private quarters of staff members, or at the sanctuary's Old Folk's Home.

Proving that compassion does work

Best Friends knows that on a down-to-earth physical level it's not going to solve single-handedly the world's

pet-overpopulation problem any more than Mother Theresa is going to solve the problem of world hunger. But part of what they're really setting out to do is to demonstrate that compassion and caring do work, that all life is sacred, and that we can all do something to help.

Another problem - Animal Collectors

People and groups who start a no-kill shelter need to be very sure that they can meet their long-term commitments. Also they need to be clear on their limits. Otherwise, well-meaning individuals can turn into what are called "animal collectors" - people who lose control of their situation and end up doing more harm than good for the animals.

Laws provide that "animal collectors" can be prosecuted for abuse, but one particular animal organization, the **Toledo Humane Society,** specializes in this problem. They work closely with people who are falling into this trap to prevent a potentially good small situation from getting too big and turning sour.

Dealing with big city problems

The **San Francisco SPCA** is an excellent example of a big-city no-kill shelter which involves a lot of people in its rescue and care programs. Thousands of unwanted dogs and cats get placed in new homes each year. Local businesses sponsor local programs. Volunteers help place pets with elderly or handicapped people, and then visit on a regular basis to help with shopping, grooming, medical care etc.

(P.S. They have a really nice magazine too, with some of the cutest photos you ever saw.)

Alley Cat Allies are another no-kill operation. Indeed, they don't even run shelters. They deal with feral cats living in and around cities. (Feral cats are not strays in the normal sense. They've adapted to being homeless, and they live - and breed! - in back alleys and on rooftops. Alley Cat Allies, and similar groups, collect these cats in humane traps. The cats go to the vet for a medical check and to be spayed or neutered. And if the cats have been living in a relatively safe environment, ACA then releases them again, but keeps an eye on them and feeds them. Again, nobody pretends that this is an ideal solution to the problem, but it's a good alternative to doing nothing or going in for mass-euthanizing.

Wave of the future

Every month in Best Friends Magazine you can read stories or passing references to dozens of groups and organizations who are working to improve the lives of animals. Not long ago, barely any of there groups even existed. And "all the good news about animals, wildlife and the earth" would have fitted neatly onto one page.

But in the last few years the tables have been turning, and animal welfare is a cause whose time has come.

Many people now believe that no-kill shelters are the wave of the future, since there is a real possibility that the stray dog and cat problem can be controlled.

The key to this is spaying and neutering. In the long run, it is the only realistic solution to the pet overpopulation problem. Most shelters and sanctuaries now offer some kind of low-cost program to encourage people to have their pets fixed. And next month we'll look at how some of the most successful spay/neuter programs are working.

Wildlife and the Earth

Red Wolves Last year two breeding pairs of red wolves were returned to the Great Smoky Mountains National Park. "This is the first attempt ever to restore a carnivore species that was extinct in the wild," said a Fish and Wildlife Service biologist. Only 130 red wolves were known to be alive anywhere at that time. But it now seems like the two breeding pairs have grown to thirty wolves.

Some people have said that the red wolf is just a cross between the gray wolf and the coyote, but U.S. Fish and Wildlife experts say it actually pre-dates the gray wolf in North America.

See you later... Alligators are among the best mothers anywhere, according to a Mother's Day article in the Wall Street Journal! (May 8) And some of their favorite homes are now in water holes on golf courses in the south! (Was that in the Real Estate section?) One alligator mum guards her young very protectively on the back nine, and will come running when the little ones emit their distress call, a grunt. Mothers protect their young for months after they hatch - against bullfrogs, bass, and anything else.

No handicap here. Speaking of golf courses, the Century Country Club in Scarsdale, New York, invested in a special flare gun to scare away the Canada Geese who were taking over the back nine water hole. But even the flares don't stop nesting pairs who now homestead on these ponds. The Canada Goose is doing very well in the northeast, making itself at home wherever a nice pond presents itself.

Llamas are spreading all over America. There were 42,811 at the last count. Thoroughbred females can cost as much as a luxury car, while cheap males (!) can go for a mere $500.

In South America llamas are prized for sure-footedness on mountain trails, where they do much less damage to the trails than horses. They also produce excellent wool.

Amongst each other, llamas establish a pecking order by butting chests, aiming their ears, and spitting! After that they get along fine, and hum at each other. They love bananas, and spending time with them is said to be very relaxing for stressed-out executives.

New York City is becoming a sanctuary for the endangered **peregrine falcon**. There are now 36 in the city, including 18 newly hatched

The moon rises over the mountains,
over the forests, the valleys, gorges and meadows.
Along the river banks and ponds, along
the deer trails and from
the ancient crags,

an eerie silence assaults the ears.
What is missing?
The Song of the Moon is gone.

We are the wolves,
the fathers and mothers
of your beloved companions.
We remained wild and pure,
and so we suppose you hate us
since we would not bend to your will.

But now we hear you are changing.

And, as you brought the first of our cubs
to your firesides, your homes;
so now we ask: May we return to our homes too?

- Claire Ives

chicks. One pair nests on a ledge of the Pan Am building. They can fly at 200 miles an hour during a dive. Biologist Chris Nadareski checks them out and bands the chicks. Recently he was attacked by a pair nesting at the New York Hospital. They knocked his hard hat off six times, ripped his coveralls and cut his ear. Maybe the hospital pays them to drum up business!

Scarlett, another peregrine falcon, was released back into the wild in 1978 on the coast of Maryland. Instead of nesting in the nearby cliffs, she headed for Baltimore and settled in on a ledge at the 33rd floor of an office building. Good move! No competition, and lots to eat. Scientists got the idea too, and settled four chicks at the Interior Department in Washington DC. Almost extinct in the 70's, there are now about 700 nesting pairs.

Project Tiger was also launched in the 70's in India to save tigers from extinction. Their numbers have now doubled. Forty tigers live in the Ranthamhore National Park in India. The park was started by a filmmaker who worked with local villagers to rehabilitate their land, plant trees and dig wells. The land recovered, birds and animals moved in, and Ranthamhore has become a model for other villages.

Sea turtles have been endangered all over the world. They lay eggs on beaches, but beaches are now the vacation resorts of humans, who also kill them for their shells. But in Brazil hundreds of workers are dispatched up and down the coast to collect eggs and take them to special hatcheries. The project has been going for several years, and last year 230,000 baby turtles were returned to the sea.

Humpback whales are doing better too. 30 years ago there were 6,000 left in the world. Now there are 12,000.

Wildlife in Los Angeles

Los Angeles wildlife can mean anything from sea lions to mountain lions, and can include rattlesnakes, deer, fox, and that most successful wild city dweller, the coyote.

In recent years, the human population has pushed further and further into such old animal habitats as the Hollywood Hills, Beverly Hills and the Santa Monica mountains. And as the long drought throughout the Southwest has persisted, the animals have found their way into the well-watered back yards of these people. Two clever groups of predators have come face to face: the highly intelligent and resourceful coyote, and humans armed with leghold traps and a licence to kill.

Two years ago, **California Wildlife Defenders** proposed an ordinance to ban the use of these traps in the city of Los Angeles. A similar law was passed in San Francisco seventeen years ago, and has worked very well - and with no detrimental effect to humans. But in Los Angeles the Department of Public Safety looked like they were going to shelve the new law. And that was when **Peg Randall** and her **Wildlife Protection League** got in on the act and started a major networking effort among animal lovers.

Her work resulted in the **Wildlife Task Force** - a coalition of people from animal-loving groups, environmental organizations and wildlife interests, all working together in an unprecedented way.Some of these other groups include

New Hope for Animals Foundation, which helps people with low-cost spaying and neutering, especially in underprivileged areas.

The **Fur Bearers Association**, who provide educational aids to help stop trapping.

Last Chance for Animals, an animal rights organization which leads non-violent protests, mainly for animals in research labs.

The **Humane Legislative Network**, which sends out "Action Alerts" so that animal lovers in California can lobby for legislation.

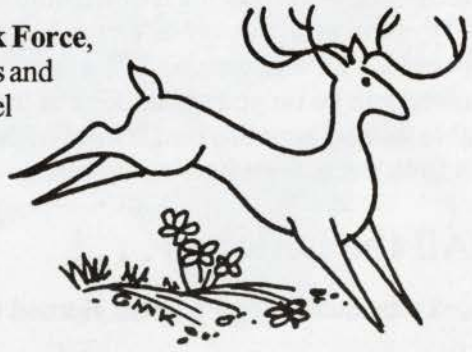
Animals Voice Magazine, one of the premier magazines devoted to the cause of animal rights,

The **Good Shepherd Foundation**, which runs no-kill sanctuaries in California and Arizona.

The **Los Angeles County Bar Association Committee on Animal Rights**.

Peg Randall's **Wildlife Task Force**, which includes all these groups and more, wants to ban the cruel leghold trap in all its forms. You can call her at (818) 894-7425. And you can write, or send donations, to

Wildlife Task Force
P.O.Box 177
Seal Beach, CA 90740



Wildlife at Best Friends

The Western Great Horned Owl

Starting at dusk you can hear it: the famous low WHOO WHOO WHOOOO of the Great Horned Owl. You know they're there, and you're sure they're watching you, but you don't know where, and you can't see them.

When you do see a Great Horned Owl, it's a real experience. They simply sit and eye you up, contemplating you. Curiosity. No fear. Some disdain. Casual interest, as if wondering whether or not to have you for dinner.

The Western Great Horned Owl that nests here at Best Friends is part of the Great Horned Owl family, the fiercest, most aggressive and most impressive owl of North America, with very distinctive ear tufts (which are what look like horns). It is by far the largest owl in the United States, second worldwide to the Snowy Owl who lives mostly in the arctic.

All the better to see you with

What you're first struck by when you meet a Great Horned Owl are its eyes. They wear a glaring, angry expression, with big round yellow eyes which can narrow into very thin slits. Their vision is incredible: they can spot tiny mice in tall grass at night from hundreds of yards away.

All the better to hear you with

Next, you'll focus on the feathery "horns" around their ears. Their hearing is even better than their sight. Try and creep up on a Great Horned Owl from behind. You'll never do it! But you'll never hear the owl come up on you either. One of the most remarkable things about this bird is its absolute silence when it flies, even when beating its wings very rapidly.

All the better to . . . !

To be attacked by a Great Horned Owl can be an extremely dangerous experience. Owls attack if they think you're threatening their nest. Wolves, bears and people are well-advised to get away fast after the first warning, which is composed of hissing, screeching, snapping and flapping, followed by a threatening fly-by. When it then attacks for real, the attack is silent, and from an unexpected quarter. Two owls usually pair up, and then . . . *(In order to comply with our editorial policy of "all the good news . . .," our editor has removed the rest of that sentence, which was deemed to be R-rated!)* No one here has ever been attacked by an owl, but we treat them with great respect.

Great Horned Owls here generally prey upon the plentiful supply of Jackrabbits and Cottontail rabbits. Mice and squirrels too. The feet and talons of the Great Horned Owl are large and extremely powerful.

She loves me, she loves me not...

Mating practices are not exactly affectionate either. The male approaches the female with care, then with strutting and hopping. She usually drives him off savagely! He may try again, this time with a gift of something nice to eat. Anything that happens after that is quite unromantic and utilitarian. The two then set up house, usually in the old nest of a red-tailed hawk, and lay eggs towards the end of winter, often in subzero temperatures.

Owls and hawks often share the same territory, and that's how it is here at Angel Canyon. The Red-Tailed Hawk rules the day, soaring high and visible on warm columns of air, while the Great Horned Owl rules the night, watching dark and invisible from trees and craggy places. The hawk will not generally attack the owl, but the owl will attack the hawk if it locates the hawk's nighttime roost. And the owl will turn into a "winged tiger" if anything comes after its nest and chicks.

Great Horned Owls regularly live to about 13 years, although less than half ever get past chickhood. There's a reliable report of a 29 year old owl, and a less reliable one of a bird who lived to be 38.

The Spotted Owl and the Redwood Forests

It's interesting how the Northern Spotted Owl has become the symbol of the threatened stately old trees of the North American rainforest. Why the owl?

Forest lovers could have focused on other reasons to save the forests, or other symbols to represent them. They could, for example, have chosen the Noble Polypores, largest mushroom in the world, which is found nowhere else; or the small marbled murrelet birds that nest only in the huge trees there; or the fisher, a furry relative of sables and minks. Thinking practically, someone might have mounted a campaign pointing out that Taxol, a remarkable new anti-cancer drug, comes only from the Pacific yew trees of the Northwest forests. (It takes six 100 year old trees to produce enough Taxol for one patient.)

But the Spotted Owl has become the point-man for a movement to save the remains of a rain-forest every bit as important as the Amazon jungle. (And yes, the North American forest **is** a rain-forest.) Perhaps it's because, as ecologists have noted, the spotted owl is an indicator of the actual viability of the forest and that saving the spotted owl may save the forest. More likely it's for reasons that have little to do with logic.

Owls as deep symbols in our imagination

Writing in Insight Magazine, John Elvin says:

"I predict the owl will win in the long run, because the environmentalists have seized upon a symbol that can be used to manipulate overwhelming support. It is human nature to revere the guardian of wild, mysterious solitude, whether in the dense, lush old-growth forest, or hidden in our own imagination."

And poet Bryan Waller Procter wrote:

"We know not always who are kings by day,
But the king of the night is the bold, brown owl."

Owls occupy a special place in our imagination, our mythology, our religion and our deep loves and fears.

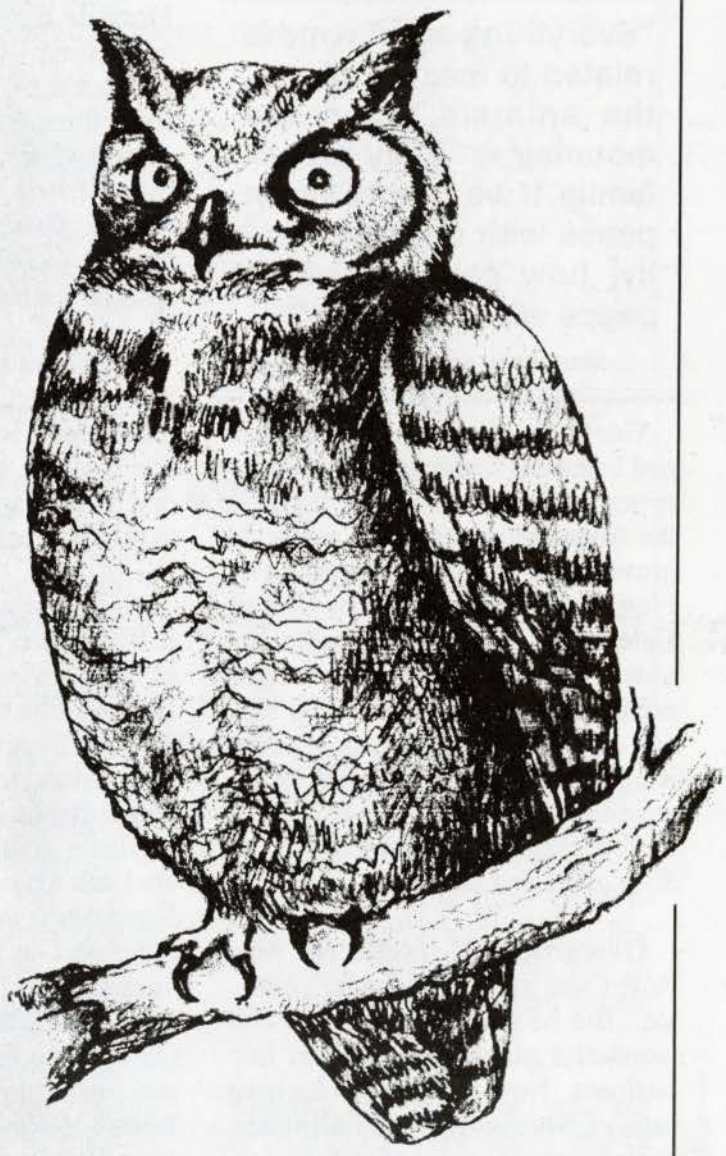
They represent wisdom, and also the supernatural. Stealth and power. For the Greeks they were a bird of war, and Athena the Goddess of both War and Wisdom, always had an owl at her shoulder.

The ancient Greeks also believed that the wise goddess Calypso who lived in a cave on an island spoke to humans through the many owls who lived in nearby trees.

And Hecate, the wise and dread goddess of death and prophecy, was also depicted as an owl.

In his book "The Owls of North America", Allan Eckert writes:

"... They are decidedly creatures of mystery. On a world-wide basis, probably no other bird throughout the history of mankind has been so deeply revered, so greatly feared, so thoroughly respected, or so soundly hated. No other bird has been so fundamentally misunderstood or so much the subject of superstition and fancy. For some cultures the owl has been the symbol of war or death, stillbirth or tragedy; for others it has been the symbol of wisdom or prophecy, truth or omniscience... Even today the "wise old owl" is more commonly represented in statuary, posters, art, bookplates, advertising, architectural design and - most especially - jewelry than any other bird in the world, surpassing even the eagle."



Plantlife

How to eat wild foods. Barbara Clark says she can find about 25 kinds of edible or useful plants in anybody's back yard. She runs the **Center for Environmental Education** in Connecticut, where you can take classes in the use of plants. Violet leaves are good for Vitamin C, she says. But Periwinkles look a lot like violets, and are poisonous. So don't just go munching through your garden without getting educated first. Mrs. Clark has been working with wild foods for 20 years, and is now writing a cookbook about them.

"Everything around me is related to me: the plants, the animals, even the mountains. They are all family. If we cannot live in peace with our own family, how can we live in peace with ourselves?"

Manakaja, a Havasupai Indian

Cool-growing Orchids These rare and beautiful flowers have now disappeared from their native home in the Andes Mountains, but are being grown back in the Conservatory of Flowers in San Francisco's Golden Gate Park. 3000 Andean orchids are now on view there. Most of the orchids used to grow at 14,000 feet, and are so rare that they don't even have names yet. Many have to be air-conditioned at night, since they're used to night-time temperatures of 50 degrees and under.

Overgrown plant collector. Alan Rosen was an amateur plant collector. But he got so overgrown with wonderful plants that he went into business. Now he even has his own catalog, which offers 300 rare plants, according to the color of their leaves. Leaf colors start at green, and then go through grey, purple-black, yellow and even red. He likes training plants who are not too hardy, to be able to grow fine outdoors. A specialty is his B.Fallowiana with big gray green leaves, which grows outdoors to be eight feet tall.

Ameriflora, in Columbus, Ohio, has half a million tulips in bloom! There's a complex of glass-walled ecosystems where visitors can pass through seven different climate zones and see rare plant species from each.

Holland, meanwhile, has the **Floriade**, a once every 10 year flower celebration - 168 acres of flowers. Hundreds of thousands of people come there from all over the world. As well as the world's best tulips and roses, there are high-tech greenhouses, floating forests, eco-sculptures and a Japanese tea-garden with ancient bonsai trees.

How does a cactus work? These desert plants have big spongy leaves that soak up water when it rains and then hold on to it when it gets very dry. Thorns, spikes, and hair also help to regulate temperature and airflow.

And speaking of deserts, there are half a million square miles of desert in North America. The **Mohave Desert** is the smallest and driest and includes Death Valley. Cholla cactus is the dominant plant there. The **Great Basin** is the biggest, stretching from Wyoming down to Southern Utah where Best Friends Animal Sanctuary is located. Sagebrush predominates in the Great Basin, and does well in the cold winters. The Mexican **Chihuahuan Desert** just reaches into the U.S. with its Yucca and Agave plants. And the **Sonoran Desert** of Mexico and Southern Arizona has two rainy seasons and supports extra plants and animals.

How to help animals by going on a vacation or business trip.

Wherever you're going, by plane or train, on a tour or cruise, then by arrangement with Uniglobe Tilral Travel, Best Friends will receive 3% of your fare as a donation for the animal sanctuary.

Here's how it works:

Make your travel reservations directly with the airline, tour or cruise company. And tell them you'll be paying through Uniglobe Tilral Travel in North Hollywood. Ask for a confirmation or record locator number.

Then call Uniglobe's toll-free number: 1-800-421-1747. They'll get the details from you. You'll pay Uniglobe, and the tickets and other documents will be mailed or expressed directly to you.

When your tickets or travel documents arrive, send the invoice or itinerary (or a copy) to Best Friends, and Uniglobe will donate 3% of the sales price to the animals. The 3% donation is tax-deductible.

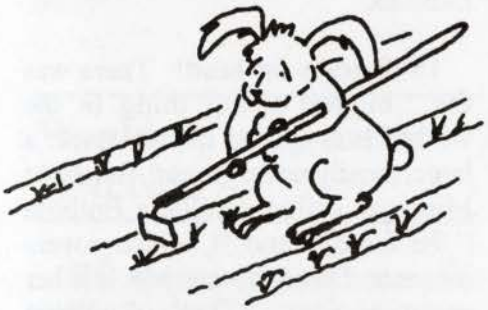
Veggie Health

Vegetarian Burgers are now "in". Archer Daniels Midland is now selling its **Harvest Burger** on a wide scale. It's made of soybeans, oil, spices and vitamins, and 80% of its buyers are not vegetarians, just "health-conscious people".

Tufts University Diet and Nutrition Letter reports that a group of Norwegians with **rheumatoid arthritis** followed a modified fast for a week and followed up with a vegetarian diet free of dairy products, eggs, refined sugar, citrus fruits and foods containing gluten. They had a significant relief from pain.

Bahrain says Go Veggie. From the Health Ministry of Bahrain, a small oil-producing nation in the Persian Gulf, comes this statement: "It is unjust to kill a living creature to consume its flesh. Vegetable matter is fully adequate for human nutritional requirements."

Flying vegetables. Vegetarian Marlene Wolford airlifted 20 tons of donated vegetarian food to the former Soviet Union. Eden Foods gave 14 tons of it.



More people are growing their own vegetables.

Gardener's Supply is an earth-friendly and innovative gardening catalog. It offers organic fertilizer, a recycled rubber door mat (from auto and truck tires) kid-size tools (real tools), natural products for pets, humane pest control, and even a toad abode to protect that natural pest controller from your lawn mower.

Organic produce is a popular item in most health food stores. Grown without pesticides, it is good for the body and the soil. While many organic farms have begun in recent years, **Walnut Acres** began in Penns Creek, Pa. in 1946. Paul Keene, the founder, has recently published a book, "Fear Not to Sow Because of the Birds" that describes the events that shaped America's original organic farm. Their current catalog also includes items from environmentally friendly and cruelty free companies. Walnut Acres has its own herbal preparations that are not tested on animals.

Onions are good for you, but they're bad for your dog - raw or cooked.

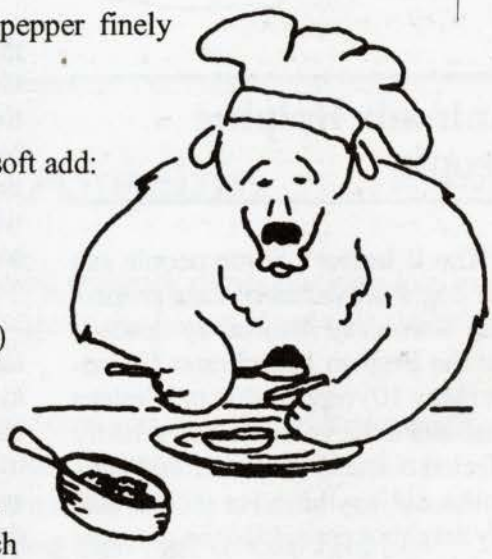
Compassionate Cooking

Vegetarian Sloppy Joe

This Sandwich is great fun! A quick and easy meal that always gets "rave reviews".

TVP (Textured Vegetable Protein) is available at your natural foods store, usually in the bulk foods section. TVP is also sold under various brand names including "Granburger."

Saute in 2 Tbsp. olive oil:
1 large onion chopped fine
1 green pepper and 1 red pepper finely chopped
1 clove garlic



When onions and peppers are soft add:
2 cups boiling water
1 large can tomato sauce
1 - 2 Tbsp. chili powder
2 Tbsp. soy sauce
1 Tbsp. mustard (Dijon is nice)
2 cups dry TVP
Salt and pepper to taste

Simmer for 20 minutes and serve hot over whole wheat hamburger buns - add some french fries or mashed potatoes and a crisp green salad for a winning meal combination!

by Cyrus Mejia

On the Light Side

Animals Helping People

Kiss it better? Some people say that dog's saliva has healing properties. Some say it certainly doesn't. But the English Manchester Guardian (May 10) reports that in Western Australia a 12 year old had a badly infected toe, and no prescribed antibiotics did anything for it. An elderly neighbor persuaded the parents - against their own judgement - to let the dog lick the wounded toe, and the infection was gone in a week.

"Open wide. Say Woof!" Last month we told you about the psychiatrist who uses four cats in her office as furry therapists. Dr Neale Eckstein has four woofly assistants at his dental practice. His three Maltese Terriers and Toy Poodle do their thing in the waiting room to take the minds of young patients off the potential trouble to come.

Just tell The Dogtor. "Scientists suspect that animal companionship is beneficial because, unlike human interaction, it is uncomplicated. Animals are non-judgmental, accepting and attentive. They give people something to be responsible for and offer a non-threatening outlet for physical contact. But animals also have a unique capacity to draw people out."

(Sarah Burke, U.S. News and World Report, Feb. 24, 1992)

People Helping Animals

Sinbad saved by chopper. When the Fund for Animals did it in the Grand Canyon, it was quite revolutionary: helicoptering animals out. Now it seems to be happening all the time. Latest rescue: Sinbad the horse, who fell down a California ravine and couldn't get out.

Doggie bloodbank. The veterinary school at the University of Pennsylvania has started the first blood bank for dogs. They have a bloodmobile unit, and are pioneering research in blood donations between dogs and transfusions. Dog owners can volunteer their pets as donors, who will then be checked for health etc.

Get well soon. Blind New York pencil seller Thomas Armstrong was hit by a taxi that jumped a curb. Armstrong was sent to the hospital and received 4 get well cards. His guide dog, who lost an eye, got about 250 cards enclosing donations for vet bills. *(Animal's Agenda June 1992)*

None of the soldiers survived **Custer's Last Stand**, but one horse did. He was Commanche, ridden by Captain Miles Keogh. The officer died, but Commanche was only wounded. Soldiers from another command rescued him, gave him first aid and brought him by boat to a nearby fort. He was never ridden again, but cared for till he died at age 29, and then stuffed and displayed at the University of Kansas.

("Son of the Morning Star: Custer and the Little Bighorn", by Evan S. Connell)

Did You Know?

200 mph on wheels. Long before humans came up with the bright idea of going on wheels, the Golden Wheel Spider had it all figured out. It flips on its side, turns into a disk shape and rolls down the sand dunes in Africa's Namibian desert when it needs to get out of the way fast. How would "Car and Driver" rate it? It whizzes along at 2400 revs per minute! The equivalent, for a car, of 200 mph.

55 mph on foot. Speaking of speed, the Pronghorn Antelope of North America can cruise at 55 mph. The cheetah is faster, but only in short bursts. The Pronghorn has extra large lungs and a big heart which can deliver lots of oxygen to the muscles.

1500 acres on land! There was the "biggest living thing in the world" a couple of months back: a huge, mostly underground, fungus in Michigan called Amillaria Bulbosa ("Hi there, Amy!"), which covers 38 acres. But Amy has just lost her crown to Osty. That's Amillaria Ostoyae, who is **forty times bigger**. Osty covers no less than 1500 acres in Washington State, and lives off old pine stumps.

The **Movie Dog Nostalgia Club** publishes "Paw Print Autographs",

featuring articles on Rin-Tin-Tin, Benji and other such stars.

Valentines Day at the Zoo. This traditional lovers' day was celebrated at the San Francisco zoo with a tour of the various mating habits of animals. Of special note: a pair of lesbian swans who have laid dozens of eggs for each other over the years and are quite inseparable.

Kids say yes. The 1992 Gallup Youth Survey reports that two teens out of three say they support the animal rights movement, and almost nine out of ten say they support protecting endangered species.

Good Housekeeping says there are about 3,500 species of snakes, but only 200 of them are poisonous to people. 40,000 people report snakebites in the U.S. each year, but only 20 die from them.

The **opossum** is North America's only marsupial, an animal that gives birth to underdeveloped offspring and then nurtures them in a pouch, like the kangaroos of Australia. Opossums are famous for "playing dead." When attacked by a superior enemy, they fall over with eyes glazed, mouth open, and tongue hanging out. They remain motionless until the offending aggravation gives up and goes away!

Wouldn't you rather be a cat?

Cats have more bones than people do, and up to 26 more vertebrae.

People have 5 million nerve endings to use for their sense of smell, but cats have 19 million.

People have 6 muscles in each outer ear. Cats have 30.

Cats can see 6-10 times better at night than we can, although they don't do so well at distinguishing color.

Cats are more flexible than people (or dogs!) because their backbones are joined with muscle. The human spine is held together with ligaments.

Persians and other long-haired cats shed throughout the year, and need daily grooming to avoid matted coats and hair balls.

Not all cats like catnip, only those that have inherited the genes to react to it.

Last Word

If you come across good news about animals and the earth, write it down and send it in. If it's from another publication, tell us so we can credit it correctly.

If you live outside the U.S., we'd love you to keep in touch with news from your home country.

Angelife

Angelife is a growing network of people who join in prayer and meditation to support the cause of animals, wildlife and the earth.

Angelife is a non-denominational and non-sectarian network of people who share the simple desire to bring spiritual support to the innocent creatures, the wildlife and the earth, and to all the people who are doing their best to take care of them.

Angelife is people of every kind, creed and culture who give of themselves to further the cause of the abused, neglected and dispossessed of this world.

Join with us in the spirit for this unique gathering - as we link together across time and space for a few minutes each week.

Write to us at **Angelife, P.O. Box G, Kanab, Utah 84741**

Name: _____

Address: _____

City / State / Zip: _____

Phone: _____

Read Best Friends Magazine Every Month

Every month Rok and Rozlyn Raven, our mythic pair of busybody ravens, scan the earth and gather together all the good news they can find about animals, wildlife and the earth for Best Friends Magazine.

Subscriptions cost $20 for a full year, and part of that goes directly to help care for the abused and neglected animals who come to Best Friends Animal Sanctuary.

If you'd like to make a slightly larger commitment, you can send $45 (or $5 every month) and be a full member of Best Friends. We'll send you the magazine every month and you'll have the satisfaction of knowing that you belong to a wonderful circle of people who truly care about animals.

Yes! Tell Rok and Rozlyn Raven to fly my way every month with all the good news about animals, wildlife and the earth.

☐ Here's $20 for a year's subscription.

☐ Here's $45 (or $5 a month) for a year's membership, which includes the magazine.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

BEST FRIENDS ANIMAL SANCTUARY · P.O. BOX G · KANAB, UTAH 84741

Angelscent SACHETS

Pure and natural - a divine blend of herbs, oils, and crystals

"KNOW HOW INESTIMABLE A PRESERVATIVE TO THE HEALTH GOD HATH PROVIDED GROWING EVERY DAY AT OUR HAND. USE THE EFFECTS WITH REVERENCE, AND GIVE THANKS TO THE MAKER CELESTIAL!"

- HIERONYMOUS BRAUNSCHWEIG, APOTHECARY (1527)

Angelscent Sachets are nature's way to help you when you'd rather not use artificial products and over-the-counter medicines. They are based on the ancient knowledge of the medicinal effects of herbs and aromas and the mystical effects of gems and crystals.

Each sachet is generously filled with quality herbs, roots, oils and crystal chips. The ingredients are carefully selected and combined for their effects on your body, soul and spirit.

The sachets are pure cotton, four inches square, and they come in a variety of carefully selected compatible colors.

"How manifold are thy works! In wisdom thou hast made them all; the earth is full of thy riches."
- Psalm 104

Please send me:

___ Angelscent Sleep Sachet(s)

___ Angelscent Wake-up Sachet(s)

___ Angelscent Meditation Sachet(s)

Enclosed is $8 for each sachet
(Price includes shipping and handling.)

Name: _____

Address: _____

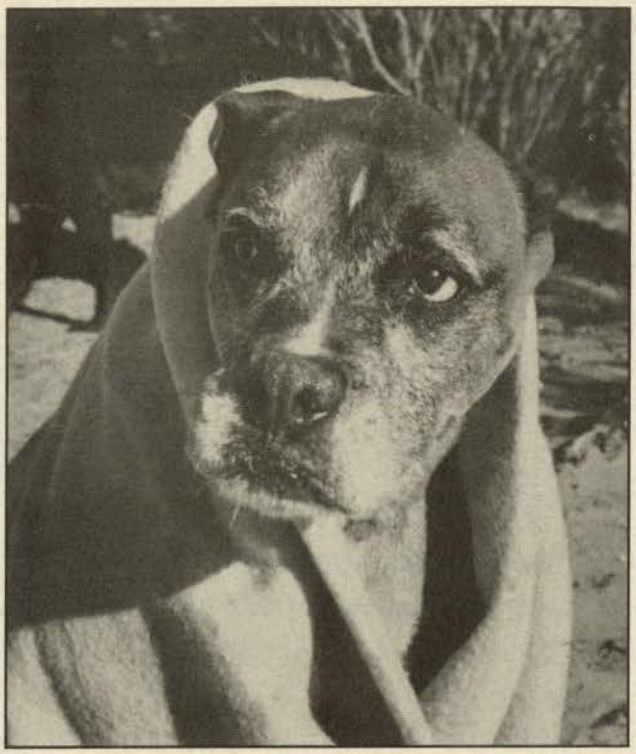
City/St/Zip: _____

Angelscent · Box G · Kanab, Utah 84741

Join the Best Friends

Adopt-a-Pet

Program



"You're my very special person, and I love you!"

That's the message to all the wonderful people who sponsor the animals in our Adopt-a-Pet program.

Although we find new homes for as many as possible of the dogs and cats who come here, there are still many more who are too old, or too sick, or just too traumatized from past abuse and neglect to be able to adapt again to family life.

For these special pets, Best Friends is a haven and a refuge where they are assured of the very best care and love for the rest of their lives.

Of course, this kind of care costs money, and we deeply appreciate our Adopt-a-Pet sponsors who send in $15 a month (or $180 a year) for the average cost of each animal here.

Would you like to be an Adopt-a-Petter too?

We'll send you a photo of your new pen-pal, a monthly letter from him or her, and a special certificate. Some of you send letters back for us to read to the animals!

Adopt-a-Petters get a copy of Best Friends Magazine every month too.

More than anything, you'll know that you are making a real difference to the life of a very special pet.

Just fill out the form, and we'll get right back to you. And if you'd like to sponsor a pet on behalf of someone else - like as a gift for a special grandchild or favorite auntie - we'll send the photo and monthly letter to them.

Thanks for caring!

Faith Maloney

Faith Maloney
Director of Best Friends

Yes! I want to make a difference for a special animal. Sign me up for Best Friends' Adopt-a-Pet program.

- ❑ I'd like to sponsor
  - ❑ A dog ❑ A cat ❑ Any needy animal
- ❑ Here's $180 for one year's sponsorship.
- ❑ Here's $15 for my first month's sponsorship.

Name _____

Address _____

City/ST/Zip _____

. . . And They All Live Happily Ever After

"Hi, I'm Goatie,

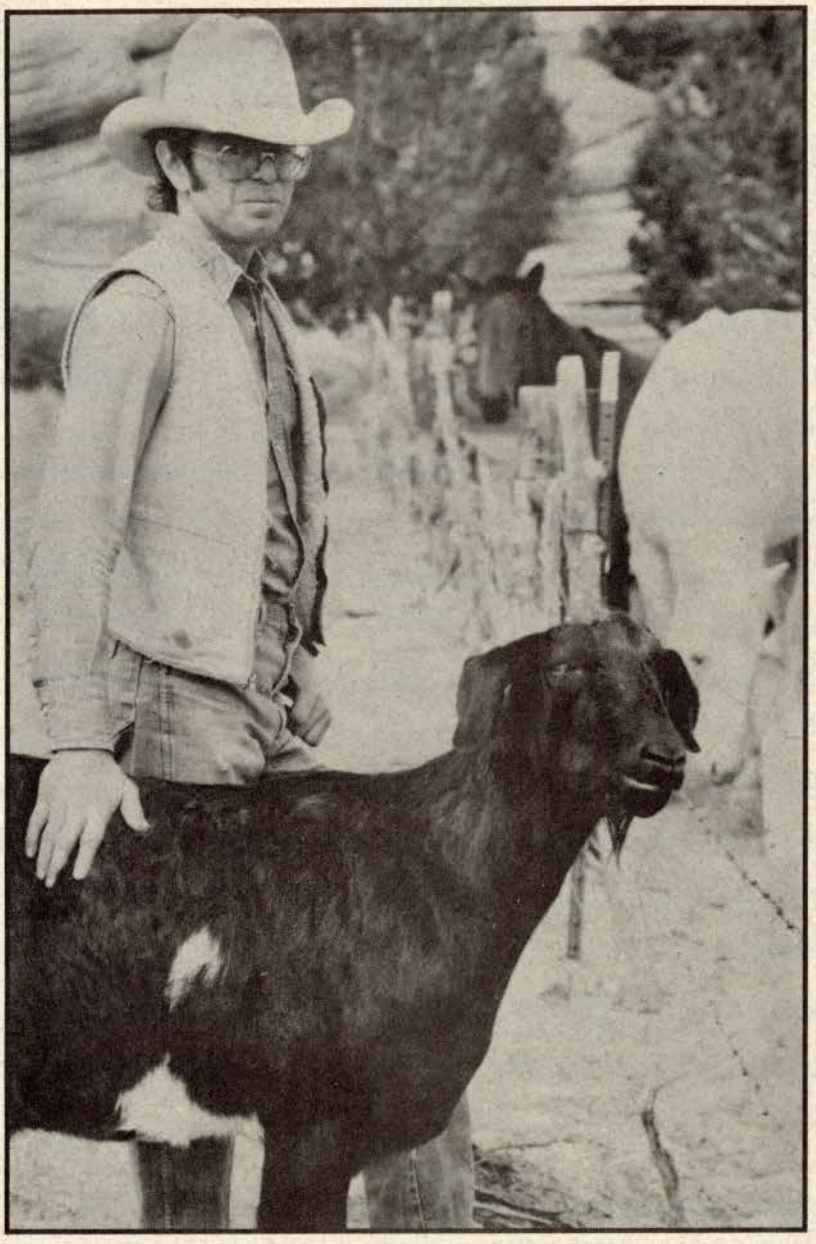
the goat here at Best Friends, and this is my story:

There's a pony here called Sparkles who was rescued from a place where she was neglected and abused. The vet said what she needed most was a good friend, like a nice goat. So Best Friends brought me here to be her friend.

I live with Sparkles and all the horses, and I like pretending that I'm a horse too - running with them and playing with them, and then turning back into a goat so that I can slip through their fence!

So that's my story. And Sparkles' too. It didn't start out well for her, but thanks to wonderful people like you who help to support Best Friends by buying this magazine, Sparkles and I will get to live happily ever after.

God bless you."



Best Friends Animal Sanctuary
P.O. Box G
Kanab, Utah 84741
801-644-2001